

Candace Sahm MA Ed/HD ADHD Coaching for LIFE™uc

Name:	Date:

CHECKLIST FOR BEING A SUCCESSFUL AND **ORGANIZED STUDENT**

This is a checklist to use before you leave home for school! We recommend that this be used before going to bed each night.

Checklist for date:
CNEGET
☐ I have placed these items in my backpack:
☐ My completed homework assignments
☐ My books
☐ My notebooks
☐ Anything that needs to be signed by my parent
(Report card, permission slips, etc.)
☐ All schools supplies that I need
☐ I have all my sports/gym/activity/etc. equipment ready to go.
□ Other:
□ Other:
☐ Everything I need is at the front door.
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Adapted from

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